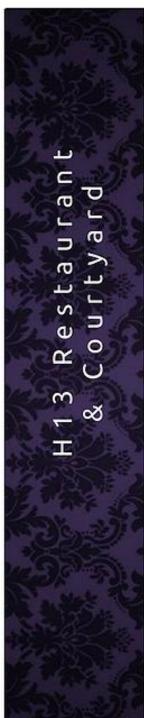


Breakfast Menu

H13 Breakfast Grilled tomatoes, mushrooms, 2 fried eggs, 2 beef sausages, baked beans and bacon served with toast	R85
Farmers Breakfast Grilled tomatoes, 2 fried eggs, bacon, pork sausage and baked beans served with toast	R65
Breakfast Bun Bacon, fried egg, tomato, rocket and cheese on a fresh bun	R45
Breakfast Pizza Bacon, scrambled egg, tomato base and cheese	R75
Vanilla Oats Served with honey and toasted almonds	R40
Eggs Benedict 2 poached eggs with gypsy ham on a toasted croissant, topped with hollandaise sauce	R55
French Toast Tower French toast stacked with bacon, maple syrup and cinnamon sugar	R45
The Nutter Freshly cut fruit, Bulgarian yogurt, assorted nuts, covered in honey	R55
4 Cheese Frittata Ricotta, chevin, feta and mozzarella cheese with chives	R65
Cheese & Gypsy Ham Omelette Mozzarella cheese and gypsy ham	R55
Green Omelette Peas, baby spinach, avo, chives, pesto and chevin cheese	R50
Salmon Potato Rösti Rösti, salmon and a poached egg topped with cottage cheese and chives	R70

Tray charge of R25 will be applicable to room service orders.

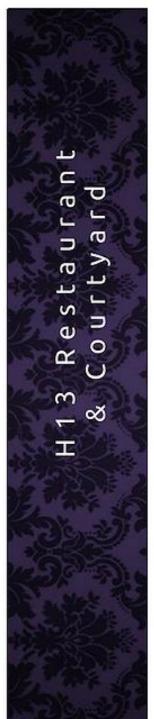




Freshly Made Juices

Green Juice Apples, celery, cucumber and mint	R39
Red Juice Beetroot, ginger and apples	R39
Yellow Juice Carrots, apples and ginger	R39
Seasonal Juice Juice of seasonal fruit	R39
Ginger Shot To boost the immune system	R20
Smoothies	
Peanut Butter Smoothie Peanut butter, yogurt and honey	R25
Muesli Smoothie Muesli, yogurt and honey	R25
Natural Delight Avocado, banana, blueberries, cacao and ice	R38
Breakfast Delight Banana, spinach, apples and strawberries	R38





Speciality Coffee

Americano A style of coffee prepared by adding hot water to an espresso	R20
Single Espresso A full-flavored, concentrated form of coffee that is served in "shots"	R20
Double Espresso A full-flavored, concentrated form of coffee that is served in "shots" Little less of a kick as that of a Single Espresso	R25
Cappuccino Coffee prepared with double espresso and steamed foam milk	R25
Café Latte A latte is a coffee drink made with espresso and steamed milk	R25
Iced Latte Our dark, rich espresso is combined with milk and served over ice	R25
Red Latte Made with Rooibos tea. The naturally decaffeinated option	R25
Mocha Latte Based on espresso and hot milk, but with added hot chocolate	R25
Hot Chocolate Hot milk, chocolate powder and Nutella. Yummy	R30
Flavoured Teas	R23

Choice of Rooibos, camomile, green, Earl Grey or peppermint tea